

Name:	Cost:	Day:	Time:	Room:
Arts & Crafts:				
Bead Class	Donation Requested	Wednesday	9:00am-11:30am	A
Crocheting	Donation Requested	Wednesday	9:00am-11:30am	A
Embroidery	Donation Requested	Wednesday	9:00am-11:30am	A
Knitting	Donation Requested	Wednesday	9:00am-11:30am	A
Pumpkin Carving (seasonal)	Donation Requested	Wednesday	9:00am-11:30am	A
Quilling—Creative Arts	Donation Requested	Wednesday	9:00am-11:30am	A
Quilters	Donation Requested	Wednesday	9:00am-11:30am	A
Tatting	Donation Requested	Wednesday	9:00am-11:30am	A
Woodcarving	Donation Requested	Wednesday	9:00am-11:30am	A
Exercise:				
Jazzercise Lite	\$3.00 per class or 10 for \$ 25	Mon, Tues., Thurs.	10:15am-11:15am	A
Int'l Line Dancing	Free Introduction	Monday	10:00am-10:30am	B
Int'l Line Dancing	\$6.00 per class	Mon, Tues & Thurs.	10:00am-11:30am	B
Qi-Gong (CHI GONG)	\$3.00 per class	Wednesday (sit or stand)	11:00am-12:00pm	CM
Senior Fitness & Self Defense	\$6.00mem/\$8.00non	Tues & Fri	1:30am-2:30pm	B
Tai Chi	\$15 a month	Tues.& Thurs.(no 3rd Thurs)	9:00am-10:00am	A
Afternoon Tai Chi	\$12 a month	Thursdays	2:00pm-2:45pm	B
Yoga	\$4.00 per class	Monday	11:00am-12:00pm	CM
Zumba Gold	\$4.00 per class	Monday	8:45am-9:45am	A&B
Zumba Gold	\$4.00 per class	Thursday	12:45pm-1:45pm	A&B
Games & Cards:				
Board Games	No Fee	Everyday	9:00am-4:00pm	REC
Canasta	No Fee	Tuesday	9:30-1:00pm	REC
Mah Jongg	\$1.00	Thursday	9:00-1:00pm	CM
Puzzle Table	\$1.00 donation	Everyday	9:00am-4:00pm	REC
Seniors Cards— Pinochle & Bridge	\$2.00 per person	Friday	9:30am-1:30pm	CM
Wii Games	No Fee	1st & 3rd Tuesdays	12:45pm-1:45pm	CM
White Elephant Sale	Donation appreciated	2nd Wednesday of month	9:00am-11:30pm	A
Computer / Cyber Cafe	Fee for printing	Monday & Friday	12:00-2:00pm	Comp
Clubs:				
Clown Connection	DUES	3rd Monday	7:30pm-9:30pm	CM
Coin Club	DUES	1st Wednesday	6:30pm-8:30pm	CM
Fifty Plus Club	DUES	2nd & 4th Mondays	11:30am-1:00pm	B
Napa-Solano Audubon Society	DUES	2nd Thu & 4th Wed (Board)	7:00-9:00pm	A
NARFE	DUES	2nd Tuesday	1:30pm-3:00pm	A
North Bay Rose Society	DUES	2nd Monday	7:30pm-9:30pm	A
Piecemakers Quilting	DUES	1st & 3rd Saturday	9:00am-4:00pm	A